Running Head

**Characters:** Up to 50
**Font:** Cambria (Headings)
**Size:** 12
**Alignment:** Left

Running head should be added in the Header along with the page numbers.

**Type of Article**
Research Article/ Case Report/ Review Article/ Opinion/ Short Communication/ Mini Review/ Letter to Editor

**Title**

**Words:** Up to 20
**Font:** Cambria (Headings)
**Size:** 20
**Alignment:** Center

Title should be in Bold and in Title Case.

**Authors**

List here all author names Authors¹, Author² and Author³

¹Author department, University, Country
²Author department, University, Country
³Author department, University, Country

**Corresponding author**

Author name, Affiliation, Address, City, State, Country, Tel.: ; Fax: ; E-mail:
Title

Words: Up to 20
Font: Cambria (Headings)
Size: 16
Alignment: Center
Title should be in Bold and in Title Case.

1. Abstract
Words: Up to 300
Font: Cambria
Size: 11
Abstract should include a brief content of the article.

2. Keywords
Words: Up to 10
Font: Cambria
Size: 11
The major keywords used in the article have to be mentioned.

3. Abbreviations
Font: Cambria
Size: 11
If there are any abbreviations in the article they have to be mentioned.

4. Introduction
Font: Cambria
Size: 11
Introduction should provide background, comprehensive insight on the purpose of the study and its significance.

5. Materials and Methods
Font: Cambria
Size: 11
Detailed account of the procedure followed in completing the study has to be mentioned.

6. Results and Discussion
Font: Cambria
Size: 11
Results and discussion must illustrate and interpret the results of the study
7. Conclusion  
**Font:** Cambria  
**Size:** 11  
Conclusion should elucidate how the results communicate to the theory presented as the basis of the study and provide a concise explanation of the allegation of the findings.

8. Acknowledgements  
**Font:** Cambria  
**Size:** 11  
Provide list of individuals who contributed in the work and grant details.

9. Conflict of Interest  
**Font:** Cambria  
**Size:** 11  
Declare if any financial interest or any conflict of interest exists.

*Note* If there are any sub headings in the body text, sub-categorize them accordingly under the heading in which they fall.  
For example:  1. Heading  
1.1. Sub-heading  
1.1.1. Sub-sub-heading

**References**  
**Font:** Cambria  
**Size:** 09  
All references should be cited in the article in a consecutive order. List here all the references in numbered order of citation in the text. List all authors if less than six. If more than five authors, list the first five followed by “et al.”  
*Note* Provide the link for the listed references

**General style of reference**  
1. **Journal References**  
Author name/s (Year) Title of article. Journal short name Volume(Issue): Full inclusive page numbers.

2. **Book References**  
Author name/s (Year) Title of the book. (Edition), Publisher name, place, city, country, pp. full inclusive page numbers.  
Author name/s (Year) Chapter/ topic name. In: Author name/s (Editors.), Book name. (Edition), Publisher name, place, city, country, pp. full inclusive page numbers.
3. Conferences

Author name/s (Year) Conference topic. Name of the conference, Country.

Figures

Figures should be clear with high resolution.

**Figure Legends:** Description of figures/image.

**Font:** Cambria

**Size:** 11

Tables

**Font:** Cambria

**Size:** 11

**Alignment:** Center

**Table:** Brief descriptive title of the table.

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**Table Abbreviations:** Give here full form of all abbreviations used in the table. Give the full form even if it has been explained in the text.