

Pollen Allergens of some Road Trees, Shrubs and Herbs in Alexandria, Egypt

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ABSTRACT

Sixteen different wild herbs, shrubs and planted road trees pollen grains subjected in this study. The pollen morphology has been examined, described and photographed by SEM, as well as their mineral and protein contents have been investigated. The results showed that pollinosis is not due to special element or protein contents inside the pollen taxa. Protein type is more important than protein concentration. As well as, allergy is not restricted to trees, shrubs or herbs but it depends on the amount of pollen grains in the air and combination between several factors as pollen grain density, air pollution and humidity which rehydrates the pollen to excrete its contents. This work recommends the organization in planting the road trees and not over planting the gardens and parks, as well as choosing the most appropriate taxa that can absorb pollutants. Plant diversity is more important to minimize pollinosis and ensure better urban wildlife.

KEYWORDS: Allergy; Air pollution; Aeropalynology; Element contents; Pollen; Road tree

INTRODUCTION

Recently, within the past few decades, allergic diseases have developed from being rather rare conditions into pandemic health problem. Air pollution by pollen grains and fungal spores considered from the major causes of allergy all over the world. Plants pollinated by air, anemophilous plants, considered from the most important pollen allergens which comprise approximately 10-18% of all flowering plants (Songnuan, 2013). These pollens considered as major risk factor for both seasonal allergic rhinitis and asthma. Whereas indoor allergens, mostly caused by fungal spores, considered a risk factor for perennial rhinitis (Bousquet et al., 2008). Although both fungal spores and pollen grains considered from the main causes of pollenosis, but peoples suffering from allergy varied considerably depending on the geographic location of the study population and the type of vegetation growing in that area. Climatic changes have its effect on the intensity of pollen

seasons which in turn air pollution and contribute the increased numbers of respiratory allergy and asthma D'Amato et al. [1]; Fukuoka [2].

The pollen grains, which are the male sex gametes and carried by air to reach the stigma during pollination period, have specific wall with three main layers Saad [3]. The innermost layer, enclosing the cytoplasm, is the intine which composed of cellulose and pectin. While the outermost layer, which is more resistant layer, composed of sporopollenin. The exine layer surrounds the whole pollen, except few places for germination called apertures, responsible for the protection of the pollen grain. Allergenic proteins, starch, fats and nanovesicles beside other small components such as adenosine are usually located within the pollen protoplast and readily released during the rehydration process, may play a specific role in the course of allergic diseases Prado et al. [4]; Grote et al.

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[5]; Emilson et al. [6] on their studies on birch pollen allergens, in the anhydrous state of the pollen, the allergens are located within the pollen cytoplasm in close proximity to ribosome-rich areas. Upon rehydration, birch pollen allergens are released through the apertures and subsequently found on the entire pollen surface causing hay fever and other allergic symptoms. Allergenic pollen is produced by a number of trees, grasses and weeds found in the road of Alexandria (Egypt). Exposure to such pollen grains can result in the release of pollen-related asthma and allergic conditions such as allergic rhinitis (pollenosis or hay fever) Geiner et al. [7]. These naturally growing plants, beside those cultivated ones increase the amount of pollen in the air and in turn cause adverse health effects, some people consider pollen as an air pollutant. In response to the

environmental changes and global warming on the vegetation and pollen production, there is a need for detailed pollen calendar in each city and-related health impact information and to choose the road trees very carefully to lessen the probability of air pollution by pollen grains Osborne [8]; Asam et al. [9]. Not only so, but also, we need to investigate the chemical and protein constituents in the chosen trees to minimize the probability of allergenic pollen grains in the air as an aid in the treatment of pollen asthma.

In this work, pollen grains of sixteen widely distributed herbs, shrubs, beside planted road trees are examined and measured by light microscope, then photographed by SEM. As well as the element compositions and protein contents of these pollen grains have been estimated to investigate the allergenic constituents in these plants.

MATERIALS AND METHODS

Table 1: The taxonomic status of the studied species and their life form and span.

No.	Order	Family	Genus	Species	Life form	Life span
1	Utricales	Moraceae	Urtica	<i>Urens L.</i>	Herb	Annual
2	Caryophyllales	Chenopodiaceae	Chenopodium	<i>Album L.</i>	Herb	Annual
3	Rosales	Caesalpinaceae	Delonix	<i>Regia (Bojer) Raf.</i>	Tree Evergreen	Perennial
4			Cassia	<i>Javanica L.</i>	Tree Deciduous	Perennial
5		Mimosaceae	Acacia	<i>Tortilis</i>	Tree Deciduous	Perennial
6	Malvales	Malvaceae	Malvaviscus	<i>Arboreus L.</i>	Shrub Evergreen	Perennial
7	Geraniales	Euphorbiaceae	Croton	<i>Cotinifolia L.</i>	Tree Deciduous	Perennial
8	Violales	Tamaricaceae	Tamarix	<i>Nilotica (Ehrenb.) Bge</i>	Tree Evergreen	Perennial
9	Gentianales	Apocynaceae	Carissa	<i>Macrocarpa (Echlr.) A.Dr.</i>	Shrub Evergreen	Perennial
10			Catharanthus	<i>Roseus (L.) G Don</i>	Shrub Evergreen	Perennial
11		Asclepiadaceae	Crystostegia	<i>Grandiflora R.Br.</i>	Climber Evergreen	Perennial
12	Tubiflorae	Bignoniaceae	Jacaranda	<i>Mimosifolia D.Don</i>	Tree Deciduous	Perennial
13			Tecoma	<i>stans (L.) Juss. Ex Kunth</i>	Shrub Evergreen	Perennial
14			Tecomaria	<i>Capensis (Spach Thumb.)</i>	Shrub Evergreen	Perennial
15			Cestrum	<i>Nocturnum L.</i>	Shrub Evergreen	Perennial
16		Solanaceae	Datura	<i>Inoxia Mill</i>	Shrub Evergreen	Perennial



Photo 1-21: 1. *Urtica Urens*, 2. *Chenopodium Album*, 3. *Delonixregia*, 4&5 *Cassia Javanica*, 6. *Acacia Tortilis*, 7. *Malvaviscus Arboreus*, 8. *Croton Cofinifolia*, 9. *Tamarixnilotica*, 10. *Carissa Macrocarpa*, 11. *Catharanthus Roseus* 12&13. *Crystostegia Grandiflora* 14&15. *Jacaranda Mimosifolia* 16&17. *Tecoma Stans* 18 & 19. *Tecomariacapensis*, 20. *Cestrum Nocturnum*, 21. *Datura Innoxia*

Collected flowers and flower buds of different road streets trees, shrubs and herbs have been subjected in this study during September-October 2019 (beginning of autumn). This collection is from deciduous trees, perennial trees, shrubs and herbs widely found in Alexandria streets, Egypt. The trees were photographed as shown in Photo 1-21, the plants are identified by the aid of Heneidy [10] and their taxonomical position, life forms and span are summarized in Table 1. The anthers are carefully removed from the flowers immediately after gathering by the aid of Stereomicroscope and stored in glass containers for analysis and further inspection.

Pollen grain pellets have been made of the studied species and subjected to X-ray analysis under 20 kv, using JEOL JSL IT200

SEM allocated at Scanning Electron Microscopy Unit, Faculty of Science, Alexandria University, to investigate fifteen main elemental composition, three replicas at each taxa and the mean and standard deviation have been calculated. As well as the non acetolyzed pollens were sputtered onto Aluminum stubs, coated with gold and examined and photographed using JEOL JSL IT 200 SEM. For quantitative protein investigation, the pollen grains were sputtered on glass slides with thin film of egg albumin. The slides were directly stained with bromophenol blue for 2 min., washed in tap water, cleared in xylol, mounted in canada balsam then covered for examination by Olympus light microscope (Mazia et al., 1953). The terminology used here is generally based on that of Faegri [11].

RESULTS

Pollen Morphology and Protein Contents

Table 2: Pollen morphological characters and their densities of protein contents of the studied taxa.

No	Name of the Taxa	Polarity	Shape	Size	Aperture	Ora pos.	Exine Orn.	Protein density
1	Utrica Urens	Apolar	Spheroidal	S.	2-4 pores	Cir.	Granulate	Intense
2	Chenopodium Album	Apolar	Spherical	M	pantoporate	Cir.	Granulate	High
3	Delonix Regia	Isopolar	Oblate	L.	tricolporate	La.	Reticulate	Weak
4	Cassia Javanica	Isopolar	Subprolate	M.	tricolporate	Cir.	Reticulate	Moderate
5	Acacia Tortilis	apolar	Spheroidal	L.	polycolpate	---	Foveolate	Moderate
6	Malviscus Arboreus	apolar	Spherical	V.L.	polyporate	Cir.	Spinulate	Moderate
7	Croton Cotinifolia	Apolar	Spheroidal	M.	hexacolpate	---	Foveolate	High
8	Tamarix Nilotica	Isopolar	Prolate	S.	tricolpate	---	Reticulate	Moderate
9	Carissa Macrocarpa	Apolar & Isopolar	I-Spheroidal	L.	tricolpate	---	Reticulate	High
			II-Prolate	L.	tetracolpate	Lo.	Reticulate	
10	Catharanthus Roseus	Isopolar	Subprolate	M.	tricolporate	Lo.	Reticulate	Moderate
11	Crystolegia Grandiflora	Isopolar	Perprolate	V. L.	tricolpate	Lo	Tectate punctate	Moderate
12	Jacaranda Mimosifolia	Heteropolar	Prolate	M.	tricolpate	---	Tectate punctate	High
13	Tecoma Stans	Isopolar	Prolate	M.	tricolporoidate	---	Psilate	Moderate
14	Tecomaria Capensis	Isopolar	Prolate	M.	tricolpate	Lo.	Tectate microretic	Moderate
15	Cestrum Noctura	Isopolar	Perprolate	V.L.	tricolpate	---	Tectate microretic	High
16	Datura Innoxia	Isopolar	Spheroidal	M.	tricolporate	---	Tectate striate	High

Abbreviations: S=small less than 20 µm, M=medium from 21-40µm, L.=large from 41-75µm, V.L.=very large exceed 75 µm; Ora pos.=Ora position, Cir.=Circular, La.= Lalongate, Lo. =Lolongate; ExineOrn. = Exine ornamentation.

The morphological characters of the studied pollen taxa are summarized in Table 2 and illustrated in the (photo 22-47). While the element contents are mentioned in Table 3. The pollen grains of all the taxa share some characters as being generally radially symmetrical isopolar or apolar, usually dispersed as monad, except

Acacia tortilis pollens dispersed as polyads. Summary descriptions of the studied pollen grains are given below and in Table 2. The protein content was estimated quantitatively by the degree of activity with the stain.

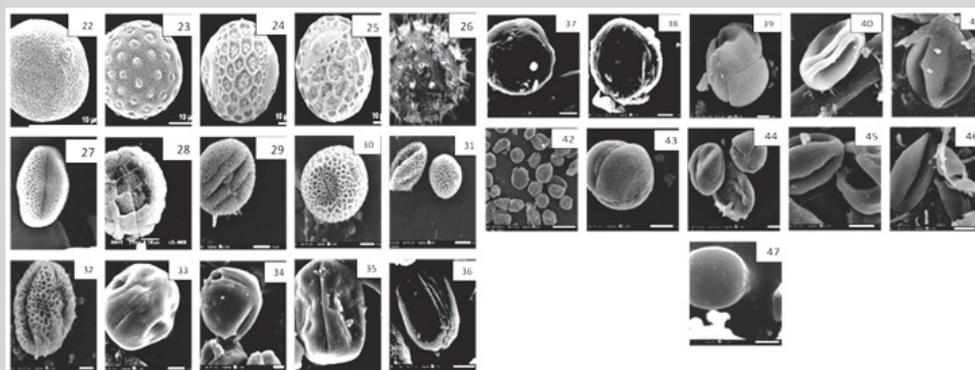


Photo 22-47: SEM Photographs of the studied taxa (Bar= 10 µm).

22. *Urtica Urens*, 23. *Chenopodium Album*, 24. *Delonixregia*, 25. *Cassia javanica*, 26. *Acacia tortilis*, 27. *Malviscus Arboreus*, 28. *Croton cotinifolia*, 29. *Tamarixnilotica*, 30,31&32. *Carissa macrocarpa*, 33& 34. *Catharanthus Roseus*, 35. *Crostostegia Grandiflora*, 36,37&38. *Jacaranda Mimosifolia*, 39,40&41. *Tecoma Stans*, 42,43&44. *Tecomariacapensis*, 45&46. *Cestrum Nocturnum*, 47. *Datura Inoxia*

Table 3: Element composition in the Pollen grains of the studied taxa as shown by X-ray analyses.

Taxa	% of the Mass of Investigated Elements														
	C	N	O	Na	Mg	Al	Si	P	S	Cl	K	Ca	Fe	Cu	Zn
<i>Urtica Urens</i>	53.35±	1.28±	41.01±	0.33±	0.15±	0.23±	0.37±	0.02±	0.16±	0.07±	0.46±	1.99±	0.09±	0.38±	0.09±
	0.18	0.18	0.38	0.03	0.02	0.02	0.02	0.01	0.01	0.01	0.03	0.05	0.02	0.05	0.03
<i>Chenopodium album</i>	55.52±	3.42±	37.28±	0.30±	0.34±	0.11±	0.07±	0.44±	0.23±	0.62±	1.12±	0.06±	0.08±	0.34±	0.07±
	0.19	0.22	0.38	0.03	0.02	0.02	0.01	0.02	0.02	0.03	0.04	0.02	0.02	0.04	0.03
<i>Delonix regia</i>	60.16±	2.11±	35.26±	0.08±	0.05±	0.20±	0.19±	0.22±	14±	0.13±	65±	0.28±	0.04±	0.26±	0.25±
	0.2	0.22	0.39	0.02	0.02	0.02	0.02	0.02	0.01	0.01	0.03	0.02	0.02	0.05	0.05
<i>Cassia javanica</i>	62.85±	0	34.24±	0.11±	0	0.08±	0	0.48±	0.22±	0.05±	0.70±	0.38±	0.12±	0.39±	0.39±
	0.23	0	0.45	0.03	0	0.02	0	0.03	0.02	0.01	0	0.03	0.03	0.06	0.06
<i>Acacia tortilis</i>	59.59±	11.97±	24.77±	0.07±	0.03±	0.11±	0.42±	0.03±	0	1.99±	0.02±	0.22±	0.06±	0.48±	0.24±
	0.28	0.51	0.49	0.03	0.02	0.02	0.03	0.02	0	0.06	0.02	0.03	0.02	0.07	0.07
<i>Malviscus arboreus</i>	58.47±	0.80±	38.35±	0.10±	0.08±	0.11±	0.08±	0.20±	0.09±	0.12±	0.49±	0.04±	0.04±	0.24±	0.20±
	0.26	0.25	0.52	0.03	0.02	0.02	0.02	0.02	0.02	0.02	0.04	0.02	0.02	0.05	0.06
<i>Croton cotinifolia</i>	60.86±	2.75±	33.03±	0.03±	0.37±	0.02±	0.06±	0.66±	0.25±	0.36±	0.65±	0.41±	0.03±	0.27±	26±
	0.24	0.28	0.46	0.03	0.03	0.02	0.02	0.03	0.02	0.03	0.04	0.03	0.02	0.05	0.06
<i>Tamarix nilotica</i>	55.38±	3.61±	37.79±	0.67±	0.29±	0.01±	0	0.30±	0.39±	0.64±	0.23	0.17±	0.04±	0.22±	0.26±
	0.18	0.2	0.34	0.04	0.02	0.01	0	0.02	0.02	0.02	±0.02	0.02	0.01	0.03	0.04
<i>Carissa macrocarpa</i>	58.84±	2.22±	36.62±	0.06±	0.14±	0.05±	0.05±	0.28	0.17±	0	0.80±	0.33±	0.04±	0.28±	0.13±
	0.19	0.21	0.39	0.02	0.02	0.01	0	±0.02	0.01	0	0.03	0.02	0.02	0.04	0.04
<i>Catharanthus roseus</i>	53.07±	2.79±	41.02	0.03±	0.07±	0.08±	0.04±	0.24±	0.14±	0.46±	1.36±	0.25±	0	0.25±	0.22±
	0.19	0.21	±0.40	0.02	0.02	0.02	0.01	0.02	0.01	0.02	0.04	0.02	0	0.04	0.05
<i>Crostostegia grandiflora</i>	52.16±	1.47±	38.54±	1.66±	0.15±	0.10±	0.28±	0.56±	0.14±	1.80±	1.07±	1.07±	0.19±	0.43±	0.40±
	0.26	0.23	0.47	0.07	0.02	0.02	0.03	0.03	0.02	0.06	0.05	0.05	0.03	0.06	0.07
<i>Jacaranda mimosifolia</i>	57.86±	2.28±	35.97±	35.97±	0.20±	0.06±	0.11±	0.61±	0.38±	0.02±	1.29±	0.45±	0	0.49±	0.06±
	0.3	0.33	0.6	0.6	0.03	0.03	0.03	0.04	0.03	0.02	0.07	0.05	0	0.09	0.07
<i>Tecomastans</i>	61.38±	0	36.84±	0.06±	0.12±	0.06±	0.06±	0	0.12±	0.08±	0.36±	0.51±	0	0.25±	0.16±
	0.2	0	0.41	0.02	0.02	0.02	0.02	0	0.01	0.01	0.03	0.03	0	0.04	0.04
<i>Tecomaria capensis</i>	54.20±	0	40.53	0	0.35±	0	0.06±	0.59±	0.49±	0.45±	2.33±	0.27±	0.02±	0.52±	0.20±
	0.27	0	±0.54	0	0.04	0	0.02	0.04	0.03	0.03	0.08	0.04	0.02	0.08	0
<i>Cestrum Noctura</i>	59.79±	1.54±	35.37±	0	0.17±	0.07±	0.35±	0.32±	0.28±	0.16±	0.84	0.34±	0.00±	0.37±	0.44±
	0.22	0.22	0.43		0.02	0.02	0.03	0.02	0.02	0.02	±0.40	0.03	0.02	0.05	0.06
<i>Datura Inoxia</i>	55.9±	3.57±	38.52±	0.04±	0.11±	0	0.12±	0.29±	0.22±	0.04±	1.20±	0.20±	0.08±	0.35±	0.18±
	0.28	0.35	0.6	0.03	0.03	0	0.03	0.03	0.03	0.02	0.06	0.03	0.03	0.07	6

1. *Utrica urens* pollen grains apolar,oblate-spheroidal to spheroida, small from 12.2-15.9 μm . The grains have from two to four circular pores with elevated lips,exine tectate granulate (Photo 22). The pollen has intense protein concentrations. The protein content is very high.

2. *Chenopodium album* pollen grains apolar, spheroidal medium in size from 27.5 to 29.2 μm ., pantoporate with numerous circular pores covered with exinous verrucae, exinetectate granulate (Photo 23). The pollen has high protein concentrations.

3. *Delonix regia* pollen grains isopolar, prolatelarge in size from 50.6 to 55.7 μm . in length, prolatetricalporoidate. Colpi length about 24 μm . with rounded ends and finely reticulate membrane. Ora poorly developedalongate,exine widely reticulate with granulate endexine (Photo 24).The pollen has weak protein concentrations.

4. *Cassia javanica* pollen grains isopolar, subprolate to prolate medium in size from 27.8-37.2 μm in length, tricolporoidate. Colpi length about 15 μm with lolongateora, exine widely reticulate with granulate endexine (Photo 25). The pollen has Moderate protein concentrations.

5. *Acacia tortilis* pollen grains apolar, spheroidal large in size from 42.8 to 66.4 μm , multicolpate, exinetectate punctuate, sometimes with fine foveolae (Photo 26). The pollen has moderate protein concentrations.

6. *Malvaviscus arboreus* pollen grains apolar, spheroidal very large in sizefrom148-167 μm , pantoporate with numerous distinct pores, from 1.8 to 2.5 μm , exine tectate spinulose (Photo 27). The pollen has moderate protein concentrations.

7. *Croton cotinifolia* pollen grains isopolar, prolate with medium size, P.A. from 38.5-46.8 μm tricolporate, with tectatereticulateexine (Photo 28). The pollen has high protein concentrations.

8. *Tamarix nilotica* pollen grains isopolar, prolate small in size P.A. from 12.62 to 17.26 μm , tricolpate with reticulate exine (Photo 29). The pollen has moderate protein concentrations.

9. *Carissa macrocarpa* pollen grains of two types. Type one apolar, spheroidal large from 53-75 μm , tetracolpate with reticulate exine and type two isopolar, prolate large, P.A. 57.2-74.2 μm , tricolporate with, lolongateora and reticulate exine (Photo 30-32). The pollen has high protein concentrations.

10. *Catharanthus roseus* pollen grains isopolar, subprolate medium size, P.A. from 42.6-51.2 μm , tricolporate with lolongate plugged ora and tectate punctuate exine (Photos 33,34). The pollen has moderate protein concentrations.

11. *Crystostegia grandiflora* pollen grains isopolar, perprolate with very large size, P.A. from 76.8- 112.6 μm , tricolpate with tectate punctuate exine (Photo 35). The pollen has moderate protein concentrations.

12. *Jaccaranda mimosifolia* pollen grains heteropolar, prolate with medium size, P.A. from 38.2-46.7 μm , tricolporoidate, colpi long with small, plugged lolongateora, exinepsilate (Photos 36-38). The pollen has high protein concentrations.

13. *Tecoma stans* pollen grains isopolar, prolate with medium size, P.A. from 38.2-46.7 μm , tricolporoidate, colpi long with small, plugged lolongateora, exinetectatemicroreticulate (Photo 39-41). The pollen has moderate protein concentrations.

14. *Tecomaria capensis* pollen grains isopolar, prolate with medium size, P.A. from 55.4-72.9 μm , tricolpate, colpi long and wide, syncolpate at one pole only, exinetectatemicroreticulate (Photo 42-44). The pollen has high protein concentrations.

15. *Cestrum nocturnum* pollen grains isopolar, perprolate with large size, P.A. from76.2-82.7 μm , tricolpate, colpi long and sunken, exinetectate striate (Photos 45,46). The pollen has high protein concentrations.

16. *Datura inoxia* pollen grains isopolar,spheroidal medium in size from 34.2 to 46.7 μm tricolporate with short colpiand lalongate small pores, exine tectate striate or punctate (Photo 47). The pollen has high protein concentrations.

Element and Protein Contents

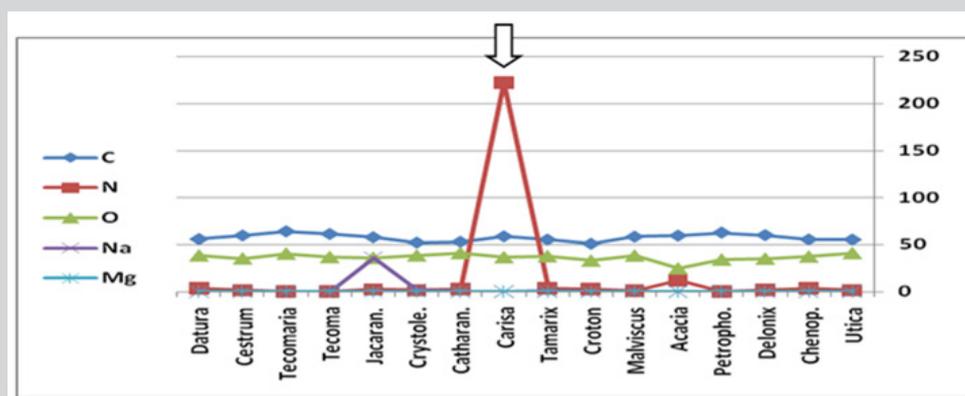


Figure 1: Illustrate the variations in the percentage of the different investigated elements in the pollen grains of the studied taxa.

Table 3 & Figure 1-3, summarize and illustrate the percentage of the element compositions in the studied pollen grains. From the Table and Figure 1, we can find that the Carbon contents in all the studied taxa is considerably high, exceed 50%, with the maximum percentage in *Delonix regia*, *Cassia javanica*, *Croton cotinifolia* and *Tecoma stans* where it exceeds 60%. The Nitrogen contents are

very low never exceed 3 to 4 %, and completely absent in both *Tecoma stans* and *Tecomaria capensis*, while it reaches 11.97 in *Acacia* both *Utrica urens* and *Catharanthus roseus*. Sodium is very low in all the taxa, never exceed 2% and completely absent in both *Tecomaria capensis* and *Cestrum noctura*, but in *Jacaranda mimosifolia* it reaches 35.97%.

Magnesium, Aluminium, Silicon, Phosphorous, Sulphur, Chlorine, Potassium, Calcium, Ferrous, Copper and Zinc (Figure 2,3) are all represent in very small amounts in all the studied taxa, with slight increase in Magnesium contents in *Chenopodium album*

pollen grains. P slightly increased in *Chenopodium album*, *Cassia javanica*, *Croton cotinifolia*, *Crystologia grandiflora* and *Jaccaranda mimosifolia*.

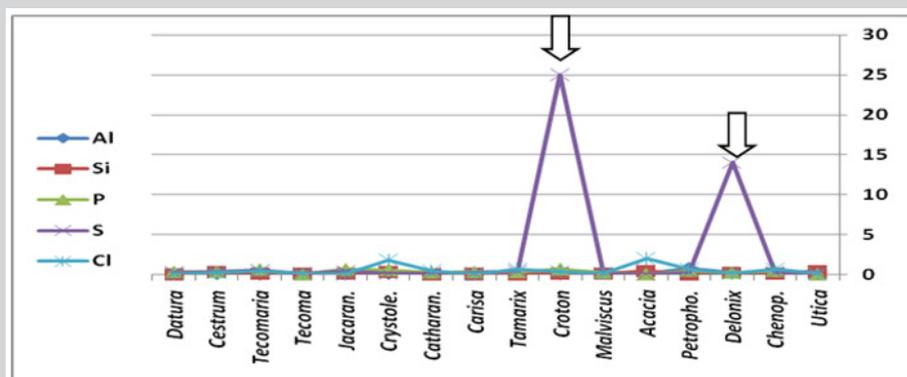


Figure 2: Illustrate the variations in the percentage of the different investigated elements in the pollen grains of the studied taxa.

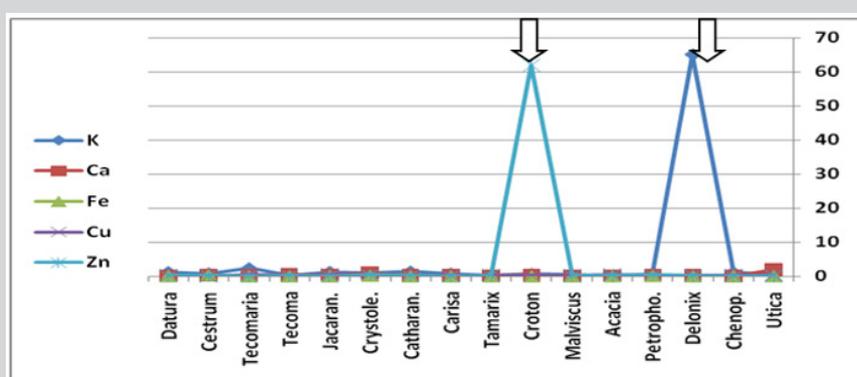


Figure 3: Illustrate the variations in the percentage of the different investigated elements in the pollen grains of the studied taxa.

In spite of the S contents are very low, never exceed 0.4%, in all the pollen taxa, it jumps to 14 % in *Delonix regia*. The same for the K contents which jump to 65% in that species. The Cl give slight increase in both *Acacia tortilis* and *Crystologia grandiflora*, while Ca shows its greatest value in *Crystologia grandiflora*. Fe is very low in all the studied taxa, while Cu increased slightly in *Acacia tortilis*, *Tecomaria capensis* and *Jaccaranda mimosifolia*. The Zn contents are very low in all the taxa except in *Croton cotinifolia* it reaches 26%.

The protein contents have been estimated as the degree of staining and it was under four categories, dense in *Urtica urens* only, and weak in *Delonix regia* only, while the rest of the studied taxa have either moderate or high protein contents.

DISCUSSION

The process of pollination is a common event within higher plants. Plants are either pollinated by air or insects. Those pollinated by air are the main causes of allergy. Proteins and glycoproteins secreted by pollen grains after hydrations interact with the immune system of sensitive individuals causing symptoms of allergy. The pollen grains, when dispersed, are dehydrated and in contact with the stigma or the mucous membrane it rehydrated and stimulate the emergence of pollen tubes Buitink et al. [12]; Mariani et al. [13]. Blackley [14] performed some tests to document the effect of pollen grains on allergic symptoms since more than

60 years. Spieksma [15] reported more than 200 pollen grains, extracts of allergens for trees, grass, and weeds that are distributed by vendors worldwide. The size of the pollen grains considered from the important character in inducing allergy. Small pollen grains are easily dispersed by air and inhaled, while big size pollen grains prefer to be carried by insects or sort of dispersals. From the data obtained *Urtica urens* and *Tamarix aphylla* are the smallest pollen grains and these two species have been recorded as allergens by Mcinnes et al. [16]. The polarity, symmetry, shape and apertures are not important characters in inducing allergy, but the exine ornamentations may have role in pollination and meanwhile their density t in the air.

Minerals play many important roles in regulating body chemistry. Toxic amounts of any nutrient will displace other vital nutrients and by doing so, result in various metabolic dysfunctions, including a wide variety of allergies. Chemical analysis of pellets containing pollen grains for the studied taxa was done to investigate the type of elements they contain; the results showed that all the pollen grains contain Carbon contents is considerably high, exceed 50%, with the maximum percentage in *Delonix regia*, *Cassia javanica*, *Croton cotinifolia* and *Tecoma stans* where it exceed 60%. This can be due to the amount of sugar released and the carbohydrate contents in the pollens. This excess Carbohydrates as starch and sugar are considered as antigen released subjects as mentioned by D'amato et al. [17].

Nitrogen and Sodium contents are very low never exceed 3 to 4 %, and completely absent in both *Tecoma stans* and *Tecomaria capensis* with the maximum content in *Acacia* and both *Utrica urens* and *Catharanthus roseus* in the former, while the Sodium contents was 2% or lower in all the taxa and completely absent in *Tecomaria capensis* and *Cestrum noctura* except in *Jacaranda mimosifolia* it reach 35.97%. Meyer et al. [18] found that the deficiency in vitamin D, Zn, Cu, Ca and other micronutrients is associated with different types of allergy in children. Accordingly, the low contents of some minerals in the pollen grains may be an additive factor in sensitive peoples, but we cannot consider it as the main cause of allergy. Here, Magnesium, Aluminium, Silicon, Phosphorous, Sulphur, Chlorine, Potassium, Calcium, Ferrous, Copper and Zinc [Figure 1-3] are all represent in very small amounts in all the studied taxa, with slight increase in Mg. and P. contents in *Chenopodium album*. P contents increased also in *Cassia javanica*, *Croton cotinifolia*, *Crystologia grandiflora* and *Jaccaranda mimosifolia*. In spite of the S contents is very low, never exceed 0.4%, in all the pollen taxa, it jumps to 14 % in *Delonix regia*. The same for the K contents which jump to 65% in that species. The Cl gives slight increase in both *Acacia tortilis* and *Crystologia grandiflora*, while Ca shows its greatest value in *Crystologia grandiflora*. Cu increased slightly in *Acacia tortilis*, *Tecomaria capensis* and *Jaccaranda mimosifolia*. The Zn contents are very low in all the taxa except in *Croton cotinifolia* reach 26%. Stohs [19] studied a case of individuals allergic to sulfite and sulfonamides and became allergic to sulfate potassium and sulfur containing compounds. These results indicate that S and K may induce allergic symptoms. Deficiencies in both calcium and magnesium in individuals are associated with tissue inflammation leading to increasing cell permeability and induce allergic symptoms. Dr. Victor Marchione, MD, Category: Health • March 9, 2011 announced that taking the three elements; Mg, Se and Zn can improve the immune system and banish allergy. Oleksyn et al. [20] found that the increase in the element composition in the pollen grains affect their functions and this increase is due to air pollution.

Thus, element contents and metal allergy have proved their effects on sensitive peoples (Uter et al., 2016). They found that there is cross reactivity between Nickel, Cobalt and Chromium especially to over 40 years old peoples in both sexes. The same has been proved by Uter et al. [21] by the addition of Aluminum to the sensitive elements. In our investigations, all the taxa are pollen cleared Al. and with little amounts of all the heavy metals under analyses (Fe, Cu and Zn).

Protein contents can play role in inducing allergic symptoms. Here we just estimate quantitatively the protein contents in the studied taxa. Each taxon has its specific proteins to make the stigma recognized the suitable pollen grains and to defense some pathogens. Rimmer et al. [22] indicated to the solubility of the pollen proteins in the aqueous medium of the mucous membrane after inhaling the pollen grains which cause allergy. Stewart [23] mentioned that plant families are grouped according to their sequence homology with the constitutive or inducible pathogenesis-related proteins (PR). They concluded that pollen PR members, whether trees or herbs, are usually minor allergens, in spite of being clinically important. Our data here revealed the presence of four categories of protein quantitative contents which are unrelated to either pollen characters or mineral contents. The only taxon with intense protein content is *Utrica urens* [24-30].

CONCLUSION

From this study, we conclude that not all the road trees are allergic. Allergic symptoms may be due to the inhaling of the excess

pollen grains in the air which stimulate the baste cells to release the histamine and increase the IgE inside the body. As well as, allergy is not restricted to trees, shrubs or herbs but it depends on the amount of pollen grains in the air and the degree of air pollution and humidity which rehydrates the pollen to excrete its contents. Mineral contents are variable and depend on the carbohydrate, fats and protein contents within the different taxa. Protein type, not concentration, has allergic effect and this need specific analyses and studies. Finally, we recommend choosing the colored bisexual flowers (entomophilous pollination) and monoecious trees to be planted in the streets to avoid excess pollen grains in the air. Meanwhile we recommend avoiding over planting in the streets, parks and gardens and planted variations of taxa with bright colored flowers to increase the biodiversity and sustainability of the ecosystem. Plant Diversity is important way to alleviate this problem, minimize pollinosis and creates better urban wildlife areas.

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